

## **BC CEU Approved Book List for ABC Certification**

*Note: There are many great books beyond what we have listed for you to glean wisdom from, including mini booklets, but this is our narrowed selection specifically for continuing education units.*

### **Abuse:**

1. Is It Abuse?: A Biblical Guide to Identifying Domestic Abuse and Helping Victims by Darby Strickland
2. The Heart of Domestic Abuse by Chris Moles
3. When Home Hurts by Jeremy Pierre & Greg Wilson
4. Abuse: Finding Hope in Christ by John Henderson
5. Becoming a Church that Cares Well for the Abused ed. by Brad Hambrick
6. Is it My Fault?: Hope and Healing for Those Suffering Domestic Abuse by Justin and Lindsey Holcomb
7. Abuse: Finding Hope in Christ by John Henderson
8. Treasure in the Ashes: Our Journey Home from the Ruins of Sexual Abuse by Sue Nicewander and Maria Brookins
9. Help! Our Sex Life is Troubled by Past Abuse by Nate Brooks and Anna Mondal
10. Rid of My Disgrace: Hope and Healing for Victims of Sexual Assault by Justin and Lindsey Holcomb

### **Addiction:**

1. Addictions: A Banquet in the Grave by Edward T. Welch
2. Overcoming Addiction: 9 Steps toward Freedom by Brad Hambrick
3. Addictive Habits by Dave Dunham
4. Crossroads: A Step-by-Step Guide Away from Addiction by Edward T. Welch
5. The Heart of Addiction: A Biblical Perspective by Mark Shaw
6. Relapse: Biblical Prevention Strategies by Mark Shaw
7. Divine Intervention by Mark Shaw

### **Adultery:**

1. After an Affair: Rebuilding Your Trust...Rebuilding Your Marriage by Howard Eyrich
2. After an Affair: Pursuing Restoration by Michael Gembola

### **Anger:**

1. Good and Angry by David Powlison
2. Uprooting Anger by Robert Jones
3. A Small Book About a Big Problem by Edward T. Welch

### **Anxiety/Worry/Fear:**

1. Anxiety: Anatomy and Cure by Robert Kellemen
2. Overcoming Fear, Worry, and Anxiety by Elyse Fitzpatrick
3. Running Scared by Edward T. Welch
4. A Still and Quiet Mind: Twelve Strategies for Changing Unwanted Thoughts by Esther Smith
5. Living without Worry: How to Replace Anxiety with Peace by Tim Lane
6. Fear is Not a Sin: It is a Call to Action by Edward T. Welch

## **BC CEU Approved Book List for ABC Certification**

*Note: There are many great books beyond what we have listed for you to glean wisdom from, including mini booklets, but this is our narrowed selection specifically for continuing education units.*

### **Assurance:**

1. Assurance: Resting in God's Salvation by William Smith
2. Gentle and Lowly: The Heart of Christ for Sinners and Sufferers by Dane Ortlund
3. Kept for Jesus by Sam Storms

### **Autism:**

1. Finding Your Child's Way on the Autism Spectrum: Discovering Unique Strengths, Mastering Behavior Challenges by Laura Hendrickson

### **BC Methods:**

1. Biblical Counseling Basics by Jeremy Lelek
2. The Gospel for Disordered Lives by Robert Jones, Kristin Kellen, and Rob Green
3. CrossTalk: Where Life and Scripture Meet by Michael Emlet
4. How People Change by Tim Lane & Paul Tripp
5. Instruments in the Redeemer's Hands: People in Need of Change Helping People in Need of Change by Paul Tripp
6. Seeing with New Eyes by David Powlison
7. Speaking Truth in Love by David Powlison
8. The Hole in Our Holiness: Filling the Gap Between Gospel Passion and the Pursuit of Godliness by Kevin DeYoung
9. Gospel-Centered Counseling: How Christ Changes Lives by Robert Kellemen
10. Gospel Conversations: How to Care Like Christ by Robert Kellemen
11. Acting the Miracle: God's Work and Ours in the Mystery of Sanctification eds. by John Piper and David Mathis
12. Christ Centered Biblical Counseling: Changing Lives with God's Changeless Truth ed. by Robert Kellemen and Steve Viars
13. Scripture & Counseling: God's Word for Life in a Broken World ed. by Robert Kellemen and Jefferey Forrey
14. Biblical Counseling and the Church: God's Care through God's People ed. by Robert Kellemen and Kevin Carson
15. Counseling the Hard Cases: True Stories Illustrating the Sufficiency of God's Resources in Scripture ed. by Stuart Scott and Heath Lambert
16. Consider Your Counsel: Addressing Ten Mistakes in Our Biblical Counseling by Robert Kellemen

### **Children & Teens:**

1. Caring for the Souls of Children ed. by Amy Baker
2. Building Bridges by Julie Lowe
3. Grounded in Grace: Helping Kids Build Their Identity in Christ by Jonathan Holmes
4. Raising Kids in the Way of Grace: 5 Practical Marks of Grace-focused parenting by Bob Kellemen
5. Parenting: 14 Gospel Principles that can Radically Change Your Family by Paul Tripp
6. Age of Opportunity: A Biblical Guide to Raising Teens by Paul Tripp

## **BC CEU Approved Book List for ABC Certification**

*Note: There are many great books beyond what we have listed for you to glean wisdom from, including mini booklets, but this is our narrowed selection specifically for continuing education units.*

### **Christian Life & Disciplines:**

1. How Does Sanctification Work? By David Powlison
2. Waiting isn't a Waste by Mark Vroegop
3. Precious Remedies Against Satan's Devices by Thomas Brooks
4. You Can Change: God's Transforming Power for Our Sinful Behavior by Tim Chester
5. Restoration Story: Why Jesus Matters in a Broken World by Robert Cheong
6. Restore: Changing How We Live & Love by Robert Cheong
7. The Pursuit of Holiness or The Practice of Godliness by Jerry Bridges
8. A Praying Life by Paul E. Miller

### **Chronic Pain:**

1. Chronic Pain: Living By Faith When Your Body Hurts by Michael Emlet
2. Chronic Illness: Walking by Faith by Esther Smith
3. When the Hurt Won't Heal: Living with Chronic Illness by Craig K. Svensson
4. Disrupted Journey: Walking with Your Loved One through Chronic Pain and Illness by Nate Brooks

### **Church Discipline:**

1. God Redeeming His Bride by Robert Cheong
2. Church Discipline by Jonathan Leeman

### **Church Hurt:**

1. Sighing on Sunday: 40 Meditations for When Church Hurts by Megan Hill
2. After Church Hurt: Healing in the Care of the Good Shepherd by Timothy St. John

### **Church Leadership:**

1. Gospel Coach by Thomas Scott
2. Lead by Paul David Tripp
3. Church Elders by Jeremy Rinne

### **Communication:**

1. War of Words by Paul Tripp
2. Saints, Sufferers, and Sinners: Loving Others as God Loved Us by Michael Emlet
3. Toxic Relationships: Taking Refuge in Christ by Ellen Dykas
4. Navigating Destructive Relationships: 9 Steps toward Healing by Brad Hambrick
5. Relationships: A Mess Worth Making by Tim Lane and Paul Tripp

### **Conflict:**

1. Marriage Conflict by Steve Hoppe
2. The Peacemaker: A Biblical Guide to Resolving Personal Conflict by Ken Sande
3. Pursuing Peace: A Christian Guide to Handling our Conflicts
4. Romantic Conflict by Brad Hambrick

### **Cutting/Self-Harm:**

1. Hurts So Good: Exposing the Lies of Self-Injury by Edward T. Welch

## **BC CEU Approved Book List for ABC Certification**

*Note: There are many great books beyond what we have listed for you to glean wisdom from, including mini booklets, but this is our narrowed selection specifically for continuing education units.*

### **Depression:**

1. A Stubborn Darkness by Edward T. Welch
2. Good Mood, Bad Mood by Charles Hodges
3. Midnight Mercies by Christine Chappell
4. Christians Get Depressed Too: Hope and Help for Depressed People by David Murray
5. When the Darkness will not Lift: Doing What We Can While We Wait for God and Joy by John Piper

### **Doubt:**

1. Trusting God by Jerry Bridges
2. Doubt: Trusting God's Promises by Elyse Fitzpatrick
3. Help My Unbelief: Why Doubt is Not the Enemy of Faith by Barnabas Piper

### **Eating Disorders:**

1. Table for Two: Biblical Counsel for Eating Disorders by David and Krista Dunham
2. Love to Eat, Hate to Eat: Breaking the Bondage of Destructive Eating Habits by Elyse Fitzpatrick

### **Emotions/Thoughts:**

1. Untangling Emotions by Alasdair Groves and Winston Smith
2. Will Medicine Stop the Pain? By Elyse Fitzpatrick and Laura Hendrickson
3. Shaped: Thinking & Feeling in Tune with the Psalms by God by John Piper

### **Forgiveness:**

1. Making Sense of Forgiveness: Moving from Hurt towards Hope by Brad Hambrick
2. Putting Your Past in Its Place by Steve Viars
3. Forgiveness by Hayley Satrom
4. Overcoming Bitterness: Moving from Life's Greatest Hurts to a Life Filled with Joy by Steve Viars

### **Gender Identity:**

1. What God Has to Say about Our Boies: How the Gospel is Good News for our Physical Selves by Sam Alberry
2. Affirming God's Image: Addressing the Transgender Question with Science and Scripture by J. Alan Branch
3. Transgender: Christian Compassion, Convictions, and Wisdom for Today's Big Questions by Vaughan Roberts

### **Gospel:**

1. A Gospel Primer for Christians by Milton Vincent
2. The Explicit Gospel by Matt Chandler
3. God is the Gospel by John Piper

## **BC CEU Approved Book List for ABC Certification**

*Note: There are many great books beyond what we have listed for you to glean wisdom from, including mini booklets, but this is our narrowed selection specifically for continuing education units.*

### **Grief:**

1. God's Healing for Life's Losses: How to Find Hope when You're Hurting by Robert Kellemen
2. Deep Clouds, Dark Mercy: Discovering the Grace of Lament by Mark Vroegop
3. Angry with God by Brad Hambrick
4. Seasons of Sorrow: The Pain of Loss and the Comfort of God by Tim Challies
5. Comforting the Grieving: Ministering God's Grace in Times of Loss by Paul Tautges
6. What Grieving People Wish You Knew about What Really Helps (and What Really Hurts) by Nancy Guthrie

### **Health/Self-Care:**

1. The Whole Life by Eliza Huie and Esther Smith
2. Reset by David Murray

### **Heart:**

1. The Dynamic Heart in Daily Life: Connecting Christ to Human Experience by Jeremy Pierre
2. Identifying Heart Transformation by Nate Brooks

### **Identity and Self-Image:**

1. Remade: Embracing Your Complete Identity in Christ by Paul Tautges
2. Created to Draw Near: Our Life As God's Royal Priests by Edward T. Welch
3. A Small Book about Why We Hide: How Jesus Rescues Us from Insecurity, Regret, Failure, and Shame by Edward T. Welch
4. When People are Big and God is Small: Overcoming Peer Pressure, Codependency, and the Fear of Man by Edward T. Welch
5. In His Image: 10 Ways God Calls Us to Reflect His Character by Jen Wilkin

### **Idolatry:**

1. Idols of the Heart: Learning to Long for God Alone by Elyse Fitzpatrick
2. Gospel Treason: Betraying the Gospel with Hidden Idols by Brad Bigney
3. Counterfeit Gods: The Empty Promises of Money, Sex, and Power, and the Only Hope that Matters by Tim Keller

### **Marriage:**

1. Marriage Matters: Extraordinary Change through Ordinary Moments by Winston Smith
2. Power with Purpose: God's Design for Power Dynamics in Marriage by David and Krista Dunham
3. What Did You Expect: Redeeming the Realities of Marriage by Paul Tripp
4. When Sinners Say "I Do": Discovering the Power of the Gospel for Marriage by Dave Harvey

## **BC CEU Approved Book List for ABC Certification**

*Note: There are many great books beyond what we have listed for you to glean wisdom from, including mini booklets, but this is our narrowed selection specifically for continuing education units.*

### **Marriage Counseling:**

1. Catching Foxes: A Gospel-Guided Journey to Marriage by John Henderson
2. Counsel for Couples: A Biblical and Practical Guide for Marriage Counseling by Jonathan Holmes
3. Gospel-Centered Marriage Counseling by Robert Kellemen

### **Mental Health:**

1. Blame it On the Brain?: Distinguishing Chemical Imbalances, Brain Disorders, and Disobedience by Edward T. Welch
2. Descriptions and Prescriptions: A Biblical Perspective on Psychiatric Diagnosis and Medications by Michael Emlet

### **Money:**

1. Sex and Money: Pleasures that Leave You Empty and Grace that Satisfies by Paul Tripp

### **Parenting:**

1. Child Proof by Julie Lowe
2. Grounded in Grace by Jonathan Holmes
3. Shepherding a Child's Heart by Tedd Tripp

### **Pornography:**

1. Rescue Skills by Deepak Reju and Jonathan Holmes
2. False Love by Brad Hambrick
3. Redeem Your Marriage: Hope for Husbands Who Have Hurt Through Pornography by Curtis Solomon
4. Finally Free: Fighting for Purity with the Power of Grace by Heath Lambert

### **PTSD:**

1. Helping Your Family Through PTSD by Greg Gifford
2. PTSD by Tim Lane

### **Relationships:**

1. Relationships by Paul Tripp and Tim Lane
2. Made for People by Justin Whitmel Earley
3. Transformative Friendships by Brad Hambrick

### **Sex:**

1. Redeeming Sex in Marriage by Scott Mehl
2. Reclaim Your Marriage: Grace for Wives Who Have Been Hurt by Pornography by Jenny Solomon

### **Sexual Identity:**

1. Is God Anti-gay? by Sam Allberry
2. What Does the Bible Really Teach About Homosexuality? by Kevin DeYoung

## **BC CEU Approved Book List for ABC Certification**

*Note: There are many great books beyond what we have listed for you to glean wisdom from, including mini booklets, but this is our narrowed selection specifically for continuing education units.*

3. *Gay Girl, Good God: The Story of Who I Was, and Who God Has Always Been* by Jackie Hill Perry
4. *Do Ask, Do Tell, Let's Talk: Why and How Christians Should Have Gay Friends* by Brad Hambrick
5. *Love Into Light: The Gospel, the Homosexual, and the Church* by Peter Hubbard

### Shame:

1. *Shame: Being Known and Loved* by Esther Liu
2. *Shame Interrupted: How God Lifts the Pain of Worthlessness and Rejection* by Edward T. Welch

### Suffering:

1. *Embodied Hope: A Theological Meditation on Pain and Suffering* by Kelly Kapic
2. *Walking with God Through Pain and Suffering* by Timothy Keller
3. *On Getting Out of Bed: The Burden and Gift of Living* by Alan Noble

### Trauma:

1. *Trauma Aware: A Christian's Guide to Providing Help and Care* by Eliza Huie
2. *When It's Trauma: A Biblical Guide to Understanding Trauma and Walking Faithfully With Sufferers* by Darby Strickland
3. *Understanding Trauma* by Steve Midgley
4. *Putting Your Past in its Place: Moving Forward in Peace and Forgiveness* by Steve Viars
5. *A Painful Past: Healing and Moving Forward* by Lauren Whitman
6. *Suffering and the Heart of God: How Trauma Destroys and Christ Restores* by Diane Langberg

*\*The ABC team will continue to edit this list each year, so check back for updates.*