



**Association of
Biblical Counselors**

Level 2 Certification Requirements

This document outlines the basic requirements for Level 2 certification with the Association of Biblical Counselors (ABC2). This is where CITs will gain practical experience while the Supervisor provides oversight and encouragement.

A. Completion of Biblical Counseling Exam

This exam is a multiple-choice questionnaire from *Biblical Counseling Basics: Roots, Beliefs and Future* by Jeremy Lelek, along with summary answers applying to a specific case study. Drawing from a wide range of resources and experts in Christian soul care, this book is a well-researched, easy-to-read, and practical guide for students and counselors both inside and outside of biblical counseling to better understand its aspects, methods, and goals.

B. Completion of Theology Exam

This exam is designed to help CITs gain a deeper understanding of biblical theology and of the importance of being able to communicate in a counseling session. It is a series of questions that the CITs are to answer as if speaking to the counselee. This exam will also be a useful resource and reference tool.

- Theology Exam will be submitted to an ABC representative for grading. Please allow an estimated time of four weeks for grading in case revisions are requested for resubmission.
- Theology Exam can be written during the time of supervision and during the time other Level 2 requirements are being met.

C. Completion of Biblical Counseling Supervision

Supervision is the focal point of the ABC2 process. Putting everything the Lord is teaching the CIT about the personal ministry of His Word into practice while under the oversight of a discerning and seasoned leader is critical to growth as a biblical counselor. Supervision requires 100 hours of face-to-face counseling experience and can be found in the Specific Requirements of the Supervisor Handbook.

D. Completion of 12 Units of Biblical Counseling Continuing Education Units

Throughout the Level 2 certification process, Counselors in Training (CITs) are required to maintain an active Level 1 certification by keeping both their ABC membership and Biblical Counseling Continuing Education (BC CEU) requirements current. Please renew ABC membership and submit the required BC CEUs on the annual renewal date while completing the Level 2 certification process.

BC CEU Opportunities

Conferences:

- ABC Called to Counsel Conference – 12 units
- ABC Pre-Conference – 4 units
- Conferences with IABC, ACBC, CCEF, IBCD, Faith Lafayette, BC UK, Canadian BCC or ABC Training Partners (regional) – 1 unit per hour

ABC Training & Webinars:

- ABC Training Partner Workshops or Classes – units as determined by course
- ABC Webinars – 1 unit per hour

Membership Courses & Seminars

- ABC Membership BC CEU courses (available in member area) – units as determined by length of course
- Complete a biblical counseling course from an affiliate seminary – 1 course = 12 units

Limited CEU Opportunities

- Read [approved biblical counseling books](#) – 3 units per book, maximum 2 books per year
- Listen to *Speak the Truth* podcast – 1 unit per 2 episodes, maximum 2 per year
- Observe an ABC Certified Counselor – 1 unit per hour, maximum 4 per year

E. Evaluation and Recommendation From the Supervisor

Throughout supervision, the Supervisor will see how and if the Lord is growing the CIT's love for people, increasing joy in Jesus Christ, and developing the ability to apply wisdom from Scripture. The Supervisor will use the following documents to assess progress and give feedback along the way.

1. *Spiritual Maturity Assessment* (Appendix 8)
2. *Methodology Assessment* (Appendix 9)
3. *Observation Evaluation Form* (Appendix 2)



ABC

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